

VOL. 41 NO. 1 | JANUARY 6, 2012

On the move

A-3

SEE 8th TSC, A-4

Trauma lanes

A-6

Engineers defend Kahuku Training Area during FTX

SEE FTX, A-4

DOD identifies Army casualty

Altmann

Dallas Nagata White | Department of Defense

Warm embrace

Families benefit from energy conservation

SEE IPC, A-7

Entertainment series

See MWR Briefs, B-2

This issue

FMWR B-2



We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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Voices of Ohana



“Get a 300 on my PT test.”

Spc. Recil Clements
HHT, 2nd Sqdn., 14th Cav. Regt., 2nd BCT, 25th ID



“Graduate college and get my locksmith certificate.”

Spc. Jacob DuVall
Co. A., 2nd Sqdn., 14th Cav. Regt., 2nd BCT, 25th ID



“Continue with professional growth to become a better leader and officer in the U.S. Army.”

1st Lt. Jason Hawtin
Co. B, 225th BSB, 2nd BCT, 25th ID



“Finish my college degree.”

Spc. Stephen Sprague
HHT, 2nd Sqdn., 14th Cav. Regt., 2nd BCT, 25th ID



“I want to get promoted this year.”

Spc. Anthony Thong
Co. B, 225th BSB, 2nd BCT, 25th ID

New defense bill affects pay, separation bonuses

ARMY NEWS SERVICE
Public Affairs

WASHINGTON — President Barack Obama signed the 2012 National Defense Authorization Act, here, Dec. 31, 2011, which increases active-duty and Reserve pay by 1.6 percent and governs Defense Department activities, from procurement to military personnel policy.

Several provisions in this year's act will potentially affect active duty and retired service members and their families.

Items include Army end strength, separation pay and benefits, high-deployment allowances, Tricare and mental health assessments, among others.

Section 347 requires the Department of Defense to finance an independent assessment of overseas troop basing about retention, closure, realignment or establishment of U.S. military facilities outside the U.S., “in light of potential fiscal constraints on (DOD) and emerging national security requirements in coming years.”

Section 402 reduces authorized Army minimum end strength from 562,000 to 547,000. The other services' authorized minimum strengths are unchanged, with 325,700 for the Navy, 202,100 for the Marine Corps and 332,800 for the Air Force.

Section 512 of the act creates a new member of the Joint Chiefs of Staff, which currently includes the Army and Air Force chiefs of staff, the chief of naval operations and the Marine Corps commandant. The new member will be the chief of the National Guard Bu-

reau, who will have responsibility for “addressing matters involving non-federalized National Guard forces in support of homeland defense and civil support missions.”

Section 526 extends voluntary separation pay and benefits authority, formerly set to expire Dec. 31, 2011, to the end of 2018.

Section 530 converts the high-deployment allowance from mandatory to authorized. The allowance currently pays \$100 a day, in addition to all other pay and allowances, to a deployed service member who has been deployed 401 days or more out of the preceding 730 days.

Section 701 limits annual Tricare enrollment fee increases for retirees and their family members to an amount equal to the percentage that retired pay increases that year.

Section 702 sets mental health assessment requirements for service members deployed for contingency operations. The act calls for a series of assess-

ments: one within 120 days before deployment; another during the period between 90 days after a deployment begins and 180 days after it ends; a third within a year after the deployment ends; and a fourth between 18 months and 30 months of redeployment.

The act states assessments are intended to “identify post-traumatic stress disorder, suicidal tendencies and other behavioral health conditions to determine which such members are in need of additional care and treatment for such health conditions.”

Assessments are not required for service members “not subjected or exposed to operational risk factors during deployment in the contingency operation concerned,” the act states.

Section 954 affirms that DOD has the capability to conduct offensive operations in cyberspace to defend our nation, allies and interests, subject to the law of armed conflict and the War Powers Resolution.

Signing the bill into law, Obama ac-



knowledge “serious reservations” about parts of the act, particularly provisions that regulate the detention, interrogation and prosecution of suspected terrorists.

“I have signed the act chiefly because it authorizes funding for the defense of the (U.S.) and its interests abroad, crucial services for service members and their families, and vital national security programs that must be renewed,” Obama said in a statement released recently.

The act also contains critical initiatives to control spiraling health care costs within the Defense Department, develop counterterrorism initiatives abroad, build the security capacity of key partners, modernize the force and boost the efficiency and effectiveness of military operations worldwide, he noted.



Resolutions made

CHAPLAIN (MAJ.) CHRIS WILSON
Schofield Barracks Family Life Chaplain

It is January and the start of a new year. With that new start, many of us will set goals or make resolutions.

As you begin this year, I imagine that you will promise yourself that there will be something that you will try to change. You too may make a resolution. Maybe you will stop getting so stressed out; maybe you will read your Bible more; perhaps you will commit to praying more; this might be the year you quit smoking; or maybe, the resolution that most people commit to doing, you will get fit and lose weight.

I once read somewhere that a little more than 12 percent of people who make resolutions actually achieve their goals. I believe the reason for this is that we set unattainable goals for ourselves.

Whatever your goal is, let me encourage you to at least set some spiritual goals.

Whatever your goal is, let me encourage you to at least set some spiritual goals.

In 1 Timothy 4:8, it says, “for physical training is of some value, but Godliness has value for all things, holding promise for both the present life and the life to come.”

Let me challenge you to make some resolutions that can foster spiritual growth in your life. For example, spending time in prayer and thanking God will help you make it through whatever unexpected challenges you will face this year. Whether you are a family member, a spouse or even a Soldier, spending time with God in prayer will help you develop an ability to release any troubles you have and place them in God's hands.

Second, spend time reading the Bible. It will lift your spirit. I read the Bible because I believe that it is truly the words of God to me and everyone else. I like to get up in the morning and learn from God's word what he says about life and the many challenges that I will face. I enjoy reading and allowing his words to speak to my soul and encourage me. I challenge you to try reading your Bible on a continuous basis this year. There are a variety of Bible reading plans out there, just find one that will be simple enough for you and get started.

You might have many resolutions, but prayer and Bible reading will help you a great deal in spiritual growth.

Have a blessed year.



Jan Clark | Tripler Army Medical Center Public Affairs

Brig. Gen. Keith Gallagher (right), commander, Pacific Regional Medical Command and TAMC, holds Faith Erin Fielden, Hawaii's New Year's baby, while parents Capt. Aaron Fielden and Erin look on. Faith was born Jan. 1, at 12:02 a.m., weighing in at 7 pounds, 2 ounces, and measuring 20 and a half inches long.

Tripler Army Medical Center rings in the new year with Hawaii's first baby

STEPHANIE BRYANT
Tripler Army Medical Center Public Affairs

HONOLULU — Each new year, the hospitals in Hawaii wait in anticipation to see where the first baby of the year will be born.

The friendly, informal competition adds a little bit more excitement for the staff working at the facilities, said Capt. Suzanne Cobleigh, assistant clinical nurse and officer in charge for Labor and Delivery, Tripler Army Medical Center, here.

This year, TAMC welcomed the first bundle of joy for 2012.

“Having the New Year's baby is a great reminder for our staff of why it is we do what we do,” Cobleigh said. “We bring life into this world, and who can think of a better way to ring in the new year?”

Faith Erin Fielden was born Jan. 1, at 12:02 a.m., weighing in at 7 pounds, 2 ounces, and measuring in

at 20 and a half inches long.

Her parents, Capt. Aaron Fielden and wife, Erin, couldn't be more happy or proud.

“We were both very anxious,” the captain said. “The timing worked out really well, and the staff has been really great. They have taken good care of all of us.”

Faith was due to arrive around Jan. 18, but Erin suffered from pre-eclampsia at 29 weeks and spent the rest of 2011 on bed rest. Pre-eclampsia is a syndrome that causes high blood pressure and excess protein in the urine after 20 weeks of pregnancy in a woman who previously had normal blood pressure, and it can cause many complications for mother and baby before, during and after pregnancy.

Mother and baby are doing well and were released Jan. 2.

What is your New Year's resolution?

Photos by 2nd Brigade Combat Team Public Affairs, 25th Infantry Division



U.S. Air Force Tech. Sgt. Michael R. Holzworth | Defense Media Activity-Hawaii News Bureau


Best gifts

JOINT BASE PEARL HARBOR-HICKAM — Lt. Gen. Francis Wiercinski (center right), commander, U.S. Army-Pacific, and Command Sgt. Maj. Frank Leota (second from right), senior enlisted leader, USARPAC, greet 25th Infantry Division's redeploying Headquarters and Headquarters Battalion Soldiers on the flightline, here, as they arrive home from a yearlong deployment in Iraq, Dec. 18, 2011. HHBN was the last division headquarters under U.S. forces to leave Iraq.

Top Right — Staff Sgt. Brock Duffel, intelligence analyst, HHBN, says hello to his 5-month-old daughter, Klaire, during HHBN's redeployment ceremony at Wheeler Army Airfield, Dec. 18, 2011. Duffel returned home after more than a year in Iraq.

Bottom — Jesse Mead holds a welcome home sign for his dad, Sgt. 1st Class Korey Mead, during HHBN's redeployment ceremony at Wheeler Army Airfield, Dec. 18, 2011.





Operation Iraqi Freedom/New Dawn

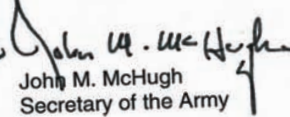
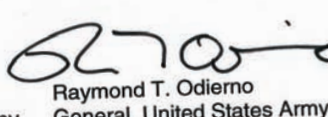
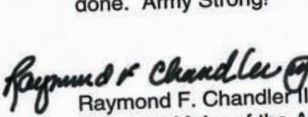
They [Soldiers] will cross the border out of Iraq with their heads held high. One of the most extraordinary chapters in the history of the American military will come to an end. Iraq's future will be in the hands of its people. America's war in Iraq will be over.
President Obama, 14 December 2011

The magnitude of what this Nation and our Soldiers have accomplished in Iraq is unprecedented. We have never been more proud of our Army – our Soldiers, Civilians, and our Families. You freed over twenty-five million people from tyranny and given hope when hope was forsaken. Our Army provided new opportunity for the people of Iraq. No other Army in the world could have accomplished what you have done – Only American Soldiers.

Throughout Operation Iraqi Freedom and Operation New Dawn, our Soldiers embodied physical and mental toughness and courage under fire. Over the past eight years, the quality of our Soldiers has stood in stark contrast to the desert sands. Just as the WWII generation defeated tyranny across the globe, a new generation – galvanized by the attacks of September 11th – bravely defeated tyranny once again. Even during the darkest days in Iraq, our Soldiers never wavered in the face of growing doubt. They continued to risk life and limb for a cause larger than themselves. For their heroic action, they received nearly 9,000 awards for valor including two Medals of Honor, 16 Distinguished Services Crosses, and 408 Silver Stars.

We remember those who have made the ultimate sacrifice, our Wounded Warriors, our Gold Star Families, and all of our loved ones who have been touched by the horror of war. Their sacrifices have given meaning to our values and ideals. For that, we thank them. A grateful Nation will always remember, respect, and appreciate these heroes as the Next Greatest Generation.

We are extremely proud of all of our Soldiers, Civilians, and Families. Our Army has once again proved that it is America's Force of Decisive Action. Thank you for a job well done. Army Strong!



Raymond F. Chandler III
Sergeant Major of the Army

Raymond T. Odierno
General, United States Army
Chief of Staff

John M. McHugh
Secretary of the Army



Photos by Staff Sgt. Edward Daileg | 9th Mission Support Command

Soldiers of the 548th Trans. Det. and the 368th MP Co.'s Detachments 3 and 4 salute during the national anthem at their combined deployment ceremony, Dec. 17, 2011.

9th MSC, families, friends say aloha to deploying reservists

BRIAN MELANEPHY
9th Mission Support Command Public Affairs

SCHOFIELD BARRACKS — Nearly 400 friends, family members and fellow 9th Mission Support Command Soldiers gathered, here, recently, to honor a combined deployment ceremony.

The U.S. Army Reserve Soldiers of the 9th MSC are scheduled to deploy in support of Operation Enduring Freedom.

The 368th Military Police Company's detachments 3 and 4, a Reserve unit from Guam, will split into their respective detachments and support operations in the Central Command theater.

The 548th Transportation Detachment, 302nd Terminal Trans. Battalion, will deploy to Southwest Asia and operate the logistics support vehicle, Maj. Gen. Robert Smalls.

The 548th Trans. Det., a unit comprised of Army Mariners, performs a variety of missions, which include theater line haul operations and moving equipment and cargo through harbors, inland waterways, along coastlines and across the open ocean.

Having trained together as a unit

since 2007, Chief Warrant Officer Michael Hanten, commander, 548th Trans. Det., is confident in his unit's readiness for its upcoming mission.

"This crew is at the highest state of readiness it has ever been," Hanten said. "I am extremely proud to command this group of professionals."

The 548th Trans. Det. was activated at Joint Base Pearl Harbor-Hickam, Sept. 16, 2002, and it received a new vessel, the Staff Sgt. Robert V. Kuroda, Aug. 15, 2006. Since receiving the Kuroda, the 548th Trans. Det. has logged more than 25,000 nautical miles.

In her official remarks, Brig. Gen. Michele Compton, commander, 9th MSC, highlighted the capability of the crew.

"They are an awesome group of skilled Mariners and the only crew today within the entire U.S. Army, besides the one operating in southwest Asia, that is fully trained and fully capable on the LSV," she said.

Currently, 9th MSC has three units deployed in support of OEF, the 124th Chaplain Det. and the 368th MP Co.'s detachments 1 and 2.



Sgt. 1st Class Zachary Wriston (left) renders a salute during the combined deployment ceremony, Schofield Barracks, Dec. 17, 2011.



Sgt. Trey Harvey | Joint Combat Camera-Afghanistan

Look this way

NANGARHAR PROVINCE, Afghanistan — Spc. Chris Stamps (left), 3rd Battalion, 7th Field Artillery Regiment, 3rd Brigade Combat Team, 25th Infantry Division, scans the retina of a local Afghan using the HIIDE biometrics system, Dec. 23, 2011, at Torkham Gate, here.

FTX: Companies establish defensive fighting positions

CONTINUED FROM A-1

With this objective in mind, more than 300 Soldiers of the 65th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, headed here, recently, to train in a defense-oriented field training exercise, or FTX.

The Kahuku Training Area is an expanse of more than 7,600 acres situated at the end of Oahu's Koolau Mountain Range. The training area is the ideal location for defensive operations with its rugged terrain and dense vegetation. Soldiers from the 65th Eng. Bn.'s Headquarters and Headquarters, Forward Support and 70th Geospatial companies established defensive fighting positions and prepared for a full-scale engagement with an enemy force, here.

The FTX involved months of planning and coordination by the battalion's staff, which worked tirelessly to create a realistic training scenario. During the months leading up to the exercise, Soldiers trained on necessary skills to support a high-intensity, conventional conflict.

The Kahuku FTX gave each company the opportunity to build defensive fighting positions and conduct security patrols. The training's primary focus was on small-unit leadership at the platoon and squad level.

"The training out at the Kahukus was some of the best that I've seen," said 2nd Lt. Marshall Farmer, HHC. "Not only did I get the opportunity to work with my Soldiers in a conventional warfare environment, but we also got a chance to train our squad and team leaders to step up and own a piece of each mission.

"We were able to get away from the COIN-style training that we've been used to, and learn how to conduct defensive operations," Farmer added.

The FTX was geared towards preventing an attack from opposing forces, which consisted of another element of the battalion. Throughout the training, opposition forces led numerous raids on company battle positions and conducted a barrage of indirect fire attacks. The aggressive enemy force gave Soldiers the opportunity to test the potency of their fighting positions. Even under the cover of darkness, the Soldiers were able to repel all enemy attacks.

"The presence of the opposing forces provided senior leaders the opportunity to gauge the proficiency of our Soldiers as they executed common tasks in a combat-like scenario,"



Top — Soldiers from the 70th Geo. Co., 65th Eng. Bn., 130th Eng. Bde., 8th TSC, kneel around a sand table during a mission brief at the Kahuku Training Area, recently. These Soldiers conducted security patrols and other tactical movements throughout the training exercise.

Right — Sgt. Mitchell Knight (kneeling), HHC, 65th Eng. Bn., 130th Eng. Bde., 8th TSC, inspects an enemy prisoner of war, following a patrol at the Kahuku Training Area, recently. The FTX gave junior leaders a chance to exercise their leadership skills and train on small unit tactics.



said 1st Lt. James Crisp, executive officer, 70th Geo. Co. "The field training was unquestionably much more effective than a traditional academic environment."



Heavy equipment operators from 523rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC, shovel dirt and rocks for the retention pond at the Kaneohe Bay Range Training Facility, recently.

523rd Eng. Co. builds road at K-Bay

Story and Photo by
KRISTEN WONG
Hawaii Marine

MARINE CORPS BASE HAWAII — A small group of Soldiers made improvements to a 831-foot road at the Kaneohe Bay Range Training Facility, here, recently.

The Soldiers from 523rd Engineer Company, 84th Engineer Battalion, 130th Engineer Brigade, 8th Theater Sustainment Command, began working on the road Oct. 17, 2011, and completely the project recently.

Explosive ordnance disposal technicians use the road.

"We're more than happy to help," said Sgt. 1st Class Matt Lashley, platoon sergeant, 523rd Eng. Co. "It's been a pleasure working with the Marines. They've treated us really well. (It's a) good collaboration between the services."

Master Sgt. John Martinez, the range chief for the K-Bay Range, said the road is now "100 times better" than it was before.

Before the unit arrived, Martinez said the road

was not drivable and was in serious need of repair. "They're phenomenal," Martinez said of the Soldiers. "I appreciate everything they do."

He described the project as a "win-win situation." By utilizing the Soldiers instead of hiring a contractor, the Soldiers got hands-on training and the Marines got their road.

"I think it builds a good rapport with each other in a garrison environment," said Sgt. Reynoldo Espinoza, squad leader, 523rd Eng. Co. "For these (Soldiers), it's a good learning experience."

Espinoza said this project was more than half of the Soldiers' first project.

Pfc. Deykes Lopez, heavy equipment operator, 523rd Eng. Co., said he was able to learn a great deal, in addition to getting more "stick time," on the machinery.

Martinez has future projects that he plans to request the 523rd Eng. Co. to do, including the demolition range and some construction at the Marine Corps Training Area at Bellows Air Force Station.

8th TSC: Unit comes home safely

CONTINUED FROM A-1

was due in large part to the professionalism and dedication of its Soldiers, according to Capt. Raymond Mockus, commander, 82nd ESC, and 1st Sgt. Robert Ocasio, senior enlisted leader, 82nd ESC.

"Everyone shouldered the burden of packing up for other units, which was especially difficult while watching so many of them leave theater," Mockus said. "It was really great to see my guys keep motivation high throughout the entire process."

Despite hazardous and often hostile condi-

tions, the 82nd ESC suffered no casualties during the deployment and brought every Soldier home safely.

The Gravediggers completed a wide array of missions while downrange, but one of the most exciting was the more than 10-hour convoy out of Iraq and into Kuwait.

"We all breathed a sigh of relief once we got into Kuwait," Mockus said.

As Soldiers reunited with loved ones back in Hawaii, it was clear that everyone was excited to be home. Soldiers of the 82nd ESC said they are looking forward rekindling relationships with family and catching up with friends.



2nd Lt. Robert Leedham | 84th Engineer Battalion Public Affairs, 130th Eng. Battalion, 8th Theater Sustainment Command

Santa on parade

SCHOFIELD BARRACKS — Lt. Col. Jerry Farnsworth (standing in vehicle), commander, 84th Engineer Battalion, 130th Eng. Battalion, 8th Theater Sustainment Command, leads his "reindeer" (leftside from front to back) Spc. Kayler Londo, 2nd Lt. Scott Kantner and Spc. Anthony Jemison; (rightside from front to back) 1st Lt. Jymette Watrous, 2nd Lt. Marc Orozco and Sgt. Adrian Doerfer, all with the 84th Eng. Bn., during the brigade's holiday fun run, here, Dec. 16.

643rd Eng. Co. constructs retaining wall to preserve KMC’s history

1ST LT. WILLIAM D. THOMSON
84th Engineer Battalion, 130th Eng. Brigade,
8th Theater Sustainment Command

KILAUEA MILITARY CAMP – Traveling within the Hawaiian islands is a unique opportunity that people from all over the world dream of doing.

For many military members and their families stationed on Oahu, inter-island traveling is an affordable experience that can be enjoyed during a four-day weekend, as a break from the daily demands of active duty service.

Therefore, when Soldiers of the 643rd Engineer Company, 84th Eng. Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, were called on to conduct a construction mission at Kilauea Military Camp, located within Hawaii Volcanoes National Park, they were eager to use their carpentry and masonry skills to enhance the historic camp for future tourists of all ranks to enjoy.

The Big Island is often a popular destination for military travelers because of its diverse climate and excellent Family and Morale, Welfare and Recreation facilities.

Recently, 27 “Rough Neck” Soldiers from 643rd Eng. Co.’s 1st Platoon and six Soldiers from Headquarters and Headquarters Co., 84th Eng. Bn., lived and worked at KMC to complete the mission.

The 33 Soldiers – comprised of carpentry and masonry specialists, electricians, plumbers, concrete and asphalt equipment operators and a surveyor – came together to successfully complete the construction of a retaining wall.

The goal of the project was to protect the former campfire house, which had been renovated into a six-bedroom, three-bathroom guest cottage, from further damage caused by erosion and deterioration.

Soldiers also worked alongside members of U.S. Army Garrison-Hawaii’s Directorate of Public Works, which provided employees as equipment operators to dig the foundation for the retaining wall, as well as oversee construction with the platoon leadership on site.

“The relationship we developed with DPW was essential in constructing a quality product, ahead of schedule,” said Sgt. 1st Class Gerald Miller, platoon sergeant, 643rd Eng. Co. “Their workers had a lot of experience that our Soldiers were able to learn from during each phase of the mission. As appreciation for the support they gave us, we were able to give back at the end of our project by helping with other small camp improvement projects.”

Not only was the project important to preserving a historic building, especially as KMC just celebrated its 95th year of serving military families, it also



Arlene Bali | Kilauea Military Camp

Soldiers of the 643rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC, stand in front of the lobby at Kilauea Military Camp after completing the construction of a retaining wall at Building 43. The goal of the project was to protect the former campfire house, which had been renovated into a six-bedroom, three-bathroom guest cottage, from further damage caused by erosion and deterioration.

had immense training value for the Soldiers involved.

The installation of more than 900 concrete masonry unit blocks, which made up the retaining wall, acted as a great train-up for the Rough Necks as they prepare to deploy to the Philippines in March 2012, as part of the annual

Balikatan joint training exercise.

“Working at KMC was a perfect opportunity for Soldiers to cross train outside their mission occupation specialties and learn carpentry and masonry skills they will need to build the school in the Philippines,” said Staff Sgt. James Rose, squad leader, 643rd

Eng. Co. “They need to adapt to building the structures the climate supports because construction is our main mission in the Pacific. It was great to get hands-on experience.”

In addition to the training value of mission-essential tasks, the platoon enjoyed the amenities KMC has to offer.

84th Eng. Bn. conducts FTX in simulated, high-intensity conflict scenario

2ND LT. ROBERT M. LEEDHAM
84th Engineer Battalion Public Affairs, 130th Eng. Brigade,
8th Theater Sustainment Command

SCHOFIELD BARRACKS – Soldiers stumbled out of the wood line, muddled and triumphant from fighting off fatigue, rain and hard labor, after completing their final mission of the battalion’s field training exercise, or FTX, at East Range, here.

The 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, conducted its quarterly FTX, recently, and focused on achieving proficiency in tactical operating procedures, multi-echelon command and control, and a series of collective and individual tasks.

The exercise created a realistic training environment to simulate a high-intensity conflict scenario with a fictional enemy.

Squad leaders received intelligence updates concerning both friendly forces and enemy activity at each battle position and were evaluated on their decision making, adaptability and troop-leading procedures needed to accomplish each mission.

Training was comprised of three separate operations. The first challenge consisted of a movement-to-contact drill, where Soldiers practiced tactical movement while completing individual tasks that included reacting to a possible improvised explosive device, proper use of protective equipment to avoid contamination, as well as the evacuation and treatment of casualties.

The second lane became notoriously infamous among the Soldiers participating. It focused on chemical, biological, radioactive and nuclear protective measures and was seen as the most physically challenging of the lanes, according to the Soldiers, who were tested on the use of protective clothing to avoid contamination, construction of a wire obstacle and properly camouflaging equipment.

“Squad leaders had to implement a rest plan while continuing to maintain the security of the perimeter, based on the intelligence updates they received throughout the night,” said Maj. Esther Pinchasin, operations officer, 84th Eng. Bn.

The sound of shovels and pickets striking through dense soil and thick roots was heard throughout the night and into the sunrise, as squad leaders toiled to keep their Soldiers awake and on task.

“Squad leaders were evaluated on their leadership as well as the technical completion of tasks,” said 2nd Lt. Scott Kantner, an observer and trainer during the FTX.

For squad leaders, many of whom have served as mechanics or heavy vehicle operators in the past, this was their first opportunity to take the lead in a combat-related exercise.

“It was very intense and realistic training,” said Staff Sgt. Danielle Quimbley, Forward Support Company, 84th Eng. Bn. “Squad leaders were able to assess their Soldiers and how they performed, and Soldiers were pushed to their full potential through team-building exercises.”

This FTX provided an opportunity for Soldiers to expand their field craft capabilities and further develop the leadership capabilities of squad and team leaders, building a good foundation for future training and operations.



2nd Lt. Scott Kantner | 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command

A Soldier of the 84th Eng. Bn., 130th Eng. Bde., 8th TSC, digs an individual fighting position during the battalion’s FTX, recently. Defensive positions were completed as part of a five-day operation and focused on toning individual Soldier skills and squad tactics.

CIED course offers lifesaving training

Story and Photo by
SPC. CODY BARBER
Combined Joint Task Force I-Afghanistan

BAGRAM AIRFIELD, Afghanistan — Improvised explosive devices, or IEDs, are perhaps one of the greatest threats that insurgency uses against armed forces in Afghanistan, but with the counter-IED training offered, here, leaders are hoping to change that.

The CIED training facility offers in-depth information and hands-on training that allows service members to walk through an interactive environment with various examples of IEDs they might encounter in theater.

Service members arriving in theater are required to attend the CIED training course before going to their duty location.

“(Service members) have an opportunity to walk through different types of homemade explosives (and) production facilities in a closed, natural setting, here,” said Dirk Sheffer, senior instructor and developer for the CIED course. “They get an opportunity to see how all the different IED triggers really work and touch them, to know what their form and function is and to better understand how they’re going to look in the Afghan environment.

“The course itself is not to prevent IEDs, but to make service members more aware of them and to make sure the service member has an ‘offensive mindset,’” Sheffer said.

“An offensive mindset isn’t always pulling the trigger,” Sheffer said. “An offensive mindset is looking at your unit from the out-

side, as insurgents would. ‘How would I attack my unit in this situation?’ ‘What is our weak point from the insurgent perspective?’

“We really try and get (service members) thinking about the insurgent mindset,” he added.

He has noticed a positive effect that the training has had on service members in the battlefield.

“We have seen an increase in found IED’s, a decrease in effective IED attacks and a decrease in injuries and deaths in Regional Command-East,” Sheffer said.

According to Sheffer, IEDs are related to more than 80 percent of injuries and deaths.

“The positive effect we are making on service members is resulting in fewer casualties, because they are finding the IED indicators in advance,” he said. “We have Soldiers that come back and tell us they found these IEDs because the training was spot on.”

Sheffer said it’s not a frontline battlefield, where the only people engaging in combat are in combat arm’s units.

“Any Soldier can end up being in a convoy, and every convoy has the opportunity to encounter IEDs,” Sheffer said, emphasizing the importance of the training. “So every Soldier has to be not only a sensor, but he has to be equipped to deal with an IED event.”

The training adapts to new methods the insurgents are applying on the battlefield, Sheffer said. Not adapting to the changing tactics can set service members up for failure, and failure means losing lives or limbs.



Sgt. Andrew Connelly, infantryman, 2nd Battalion, 3rd Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, walks along a path in the CIED training course with the “target” in hand, looking for possible IED indicators, recently.



Courtesy Photo

A Hawaii Army National Guard Soldier performs lifesaving first aid and inserts an actual nasopharyngeal airway into a simulated casualty during a trauma lanes scenario at East Range, Schofield Barracks, recently.

Trauma scenario helps prepare units for injuries

STAFF SGT. ROY GERONIMO
Support Battalion, 196th Infantry Brigade

SCHOFIELD BARRACKS — It starts out like a Soldier’s worst nightmare: screaming bodies are everywhere, and uniforms are soaked with blood.

A team of combat lifesavers come to the rescue, applying tourniquets to stop extremity bleeding, performing lifesaving first aid and transporting the casualties to the collection point.

From there, casualties are sorted, strapped onto litters and prepared for evacuation. Just as the medical evacuation is being requested, a voice yells out, “ENDEX!”

The casualties are miraculously revived, a team resets their injuries and the mock-casualties are returned to their assigned positions to await the next team. Meanwhile, the combat lifesavers breathe a sigh of relief, repack their bags and gather together for an evaluation.

The exercise, known as trauma lanes, is the culmination of a mobilizing unit’s medical training, and is coordinated by Support Battalion, 196th Infantry Brigade’s medical team. The medical team, led by 1st Lt. Jeffrey Galdones, creates training scenarios catered to a particular unit’s mission essential task list, or METL, and evaluates the unit’s medical standard operating procedures.

Trauma lanes test Soldiers’ abilities to correctly perform lifesaving first aid under immense pressure.

The 103rd Troop Command, Hawaii Army National Guard, recently conducted its trauma lanes training on East Range, here, to simulate the environment it will be operating in during deployment.

Other trauma lanes have been conducted in confined spaces,

like those on a ship, to wide-open spaces, like those on the Kahuku Training Area. Mobilizing units from the Army Reserve and National Guard undergo trauma lanes as part of their mobilization training with the 196th Inf. Bde.

The exercise combines elements from the Combat Lifesaver Course and Army Warrior Task Training, which are both part of the unit’s pre-deployment training. It consists of several scenarios that last 30-45 minutes. Soldiers say it feels a lot longer but that it is one of the best medical training lanes they have had prior to deployment and that the exercise fosters camaraderie.

The casualties are fitted with several injuries before the start of each scenario. The injuries may range from simple bruises and lacerations to bloody amputations. These lifelike injuries are created weeks before the event, using special-effects gelatin, simulated body parts and clay for fractures.

The Support Bn., 196th Inf. Bde.’s medical team spends hours melting down blocks of gelatin and transforming them into a variety of injuries, such as gunshot wounds, lacerations and fractures. The injuries are attached to the casualty’s skin using clear gel, then sprayed with simulated blood to better replicate the injury. Amputations are created the same way, with the addition of a commercial bleeding system discreetly worn by the casualty and remotely controlled by nearby medical team members.

Trauma lanes training is just one of the many aspects of the Support Bn.’s mission for the 196th Inf. Bde. The battalion’s medical team conducts medical task training for Reserve components from the U.S. Army-Pacific’s area of operations. Team members are also qualified to conduct Heart Saver and Basic Life Support classes for active duty, reservists and Department of Defense civilians.

News Briefs

Send announcements for
Soldiers and civilian
employees to community@
hawaiiarmyweekly.com.

Today

Traffic Lights — All traffic lights at the intersections on Schofield Barracks will be flashing red, 8 p.m.-6 a.m., daily.

All motorists shall stop at the intersection with the flashing red, yield to cars with the right of away and then proceed into the intersection with caution.

Call 655-1333.

Financial Readiness Program — Four new categories of authorized Army Emergency Relief assistance were approved for implementation Jan. 1: dental care for family members, furniture, rental and replacement vehicles, and scholarships.

•AER funds may be provided to obtain essential and economical furniture, such as bedding, a sofa, a kitchen table and a crib for Soldiers establishing an initial household. Replacement of essential furniture is also authorized based upon loss of furniture resulting from a natural disaster.

•AER funds may be provided to obtain rental vehicles for Soldiers on emergency leave or awaiting major repairs of a primary vehicle. Rental period will generally be between 7-10 days. When the cost of repairing a privately owned vehicle is greater than the value of the vehicle, limited AER funds may be provided for a down payment to obtain a more reliable vehicle.

•Scholarship applications for spouses and dependent children are available on www.aerhq.org.

The application is available through April 2, for academic year 2012-2013. Call 655-7132.

Ongoing

Taxes — The 2012 tax-filing season is extended until April 17 to file tax returns. The usual tax return deadline of April 15 is on a Sunday, and April 16 is Emancipation Day, a holiday observed in the District of Columbia.

PT Routes — Units are asked to observe authorized Schofield Barracks and Wheeler Army Airfield physical training routes.

Units are also asked to show courtesy while conducting formations and PT on installation fields adjacent to family housing areas. Details are outlined in USAG-HI Policy Memorandum “Authorized Schofield Barracks and Wheeler Army Airfield (PT) Routes and Pedestrian Rights and Duties.”

Questions can be addressed with the USAG-HI command sergeant major at 656-1153.

Suspicious Activity

“iWatch Army” is a community program to help your neighborhood stay safe from terrorist activities. iWatch Army asks you to report behavior and activities that are unusual or seem out of the ordinary.

Report all suspicious activity to the Military Police:

•Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation: 655-7114.

•Fort Shafter, Aliamanu Military Reservation and Tripler Army Medical Center: 438-7114.

•Fort DeRussy: 438-2650.

•Pohakuloa Training Area: 969-2429.

565th Eng. Det. completes NTC rotation, is deployment ready

U.S. ARMY CORPS OF ENGINEERS-HONOLULU DISTRICT PUBLIC AFFAIRS
News Release

FORT SHAFTER — U.S. Army Corps of Engineers-Honolulu District’s 565th Engineer Detachment, Forward Eng. Support Team-Advance, or FEST-A, recently deployed to the National Training Center at Fort Irwin, Calif., to complete its mission readiness exercise and final certification in preparation for an upcoming deployment.

“The NTC rotation was a great mission for the team because it involved working with maneuver units, interpreters, civil and military officers, and most importantly, it was the most realistic training we have received so far,” said Maj. William Hannan, commander, 565th Eng. Det.

The overall goal for NTC training was for the 565th Eng. Det. to become qualified on its mission essential tasks; field force engineer equipment, or FFE; and critical deployment needs such as combat

lifesaver training.

“Our critical training needs for deployment were accomplished by integrating with a maneuver unit from the New York Army National Guard and conducting the training in conditions very similar to our targeted theater of operations,” Hannan said.

The NTC mission’s was to provide technical engineer support during exercise simulations, based on real-world scenarios.

The specific training objectives during the rotation included becoming proficient in planning, designing and managing construction; conducting engineer reconnaissance on roads and bridges; developing and improving base camps; coordinating engineer support with a host nation and coalition; planning engineer support to protection efforts; certifying all team members as combat lifesavers; conducting USACE-HD reach-back operations; and becoming proficient with FFE equipment.

At NTC, the 565th Eng. Det. conducted several training missions that culminated in completion of 11 projects, ranging from engineer reconnaissance to base camp planning and design. The team also participated in brigade working groups and integrated with multiple agencies, including a provincial reconstruction team, Afghanistan district and provincial officials, civil and military officers, the base defense operations cell, the forward operating base mayor cell and the division engineer.

“The training was very realistic,” said Alan Avery, electrical engineer, 565th Eng. Det. “The training area was set up to replicate operating in the real world and included everything from small towns and villages to actual role players speaking local languages that you would encounter while deployed.”

“The NTC rotation directly improved the 565th Eng. Det.’s training readiness and proved we are ready for deployment,” Hannan said.

IPC: Families help to reduce carbon footprint

CONTINUED FROM A-1


is a 10-percent buffer above and below the baseline and usage that falls within the zone requires no payment and generates no rebate.

Baselines are determined by calculating the average energy consumption of all homes belonging to a specific profile. To calculate the baseline, unoccupied homes, homes in partial billing periods (move-ins and move-outs), and the highest and lowest 10-percent of users are first removed.

USAG-HI uses a rolling baseline, which means the average will change each month. The rolling baseline is intended to adjust with current weather conditions and adjust to resident needs.

“Saving energy is just adopting a lot of common sense habits, such as turning lights off during the day or when you’re not in a room, using energy-saving light bulbs, ensuring the thermostat is at a proper setting — even a couple of degrees count — turning off the A/C and letting fresh air in on cooler or breezier days, or consolidating laundry loads and washing with appropriate water temperatures,” Mulbury said.

“A lot of families are doing a great job conserving energy, and I want to thank them for making their efforts,” Mulbury said. “As more families begin to conserve, I truly believe we can make a significant impact on preserving our environment in the islands and helping achieve DOD energy goals.”



Island Palm
COMMUNITIES
A Lend Lease Community

Conservation tips

Tips and resources on conserving energy are posted monthly on the SYNERGY Tips page at www.islandpalmcommunities.com, under “Resident’s Programs.”



Terri Kojima | U.S. Army Corps of Engineers Pacific Ocean-Division Public Affairs

Delivering holiday cheer

FORT SHAFTER — Brig. Gen. Richard Stevens (left), commander, U.S. Army Corps of Engineers-Pacific Ocean Division, shows off a soccer ball, one of many toys intended to bring joy to boys and girls in the local community, here.

A pile of toys was donated by USACE-POD to needy children, thanks to the U.S. Marine Corps Reserve’s “Toys for Tots” program.

Standing next to Stevens are Pfc. Alexander Ybarra (second from left) and Lance Cpl. Allen Hillis (third from left), both with 2nd Battalion, 3rd Marines, Marine Corps Base Hawaii, Kaneohe Bay; and Lisa Chan, USACE-POD.



Photos by Dino Buchanan | U.S. Army Corps of Engineers-Honolulu District Public Affairs

The New Barracks Complex on Schofield Barracks’ Lyman Road officially opens during a maile lei untying ceremony, recently. Participating in the maile lei untying ceremony, from left to right, are Jae Chu, project engineer, Absher Construction; Lt. Col. Douglas Guttormsen, commander, USACE-HD; Robert Eastwood, director, DPW, USAG-HI; and Greg Helle, president, Absher Construction.

2nd BCT Soldiers get new place to call *home*

U.S. ARMY CORPS OF ENGINEERS-
HONOLULU DISTRICT PUBLIC AFFAIRS
News Release

SCHOFIELD BARRACKS – More than 400 Soldiers from the 2nd Brigade Combat Team, 25th Infantry Division, will be moving into a new home, here, soon.

The New Barracks Complex on Lyman Road, here, officially opened in late December during a maile lei untying ceremony.

During the ceremony, Lt. Col. Douglas Guttormsen, commander, U.S. Army Corps of Engineers-Honolulu District, told guests that the barracks will be a welcome sight for Soldiers returning from deployments.

“This is really all about our Soldiers,” Guttormsen said. “Many of the Soldiers who occupy these barracks will have done multiple combat deployments. We have the opportunity, through

these facilities and those like them, to provide these heroes the highest quality of life possible between these deployments.”

The complex has two, five-story buildings that can accommodate about 200 Soldiers each, while living in two-person suites, which come with a kitchenette and a shared bathroom.

The buildings attained Leadership in Energy and Environmental Design, or LEED, Gold certification, incorporating high-performance and efficiency features. Other amenities include one central laundry unit per floor; activity rooms and a mail access area; two exterior half-basketball courts; a physical training area; plus covered picnic/barbecue shelters.

Sustainability features include high-efficiency, low-flow lavatory faucets, shower heads and toilets, motion sensor-operated light fixtures and tinted antiterrorism force protection windows

that reduce heat transfer into the barracks.

Robert Eastwood, director, Directorate of Public Works, U.S. Army Garrison-Hawaii, hailed the new barracks as the best he’s ever seen and very maintenance friendly for his DPW crews.

“Between each of the two-(person) suites is a utility room where all mechanical/electrical maintenance can be performed without entering the Soldiers’ rooms,” Eastwood said. “This saves time for both the Soldiers and my DPW workers.”

“This project ... was made possible because of the tight partnership of the garrison, the Honolulu District and Absher (the construction contractor),” Guttormsen said. “We are very proud of our role in this great partnership to complete this building and create a place that Soldiers will be proud to call home.”



The new complex has two, five-story buildings that can accommodate about 200 Soldiers each, in the two-person suites. The rooms come with a kitchenette (above) and a shared bathroom.

New Schofield UEPH barracks are blessed

Story and Photo by
ANGELA E. KERSHNER
U.S. Army Corps of Engineers-Honolulu District Public Affairs

SCHOFIELD BARRACKS – A traditional maile lei untying and blessing ceremony was held, recently, for the new Unaccompanied Enlisted Personnel Housing, or UEPH, on Porter Loop, here.

The blessing was presided over by Kahu Laakea Arista.

“As a former Army engineer, it is an honor to be asked to bless such an amazing facility,” Arista said, a former captain with the 227th Combat Engineers.

“We appreciate very much the opportunity to do what we have done here,” said Bill Wilson, president, Hawaiian Dredging, the project’s construction contractor.

The \$29.18 million project consisted of designing and constructing a six-story barracks to house 192 personnel in a standard one-plus-one configuration. It was completed on time and on budget without a single lost-time accident.

“This is about much more than just the facility,” said Lt. Col. Douglas Guttormsen, commander, U.S. Army Corps of Engineers-Honolulu District. “It is about the Soldiers who will be using this facility. It is about the quality of life we can give these Soldiers between deployments.”

A typical barracks module includes two fully-furnished bedrooms, a full bath and a full kitchen. The barracks are designed and constructed to meet current antiterrorism force protection requirements. Amenities on site include laundry facilities on each floor, motorcycle shelters and covered bicycle racks.

During his remarks, Guttormsen emphasized the importance of teamwork in the construction business and how that teamwork contributes to the overall quality of a project. Those remarks were echoed by Eric Hashizume, vice president, Hawaiian Dredging, and Bob Eastwood, director, Directorate of Public Works, U.S. Army Garrison-Hawaii.

“It’s always better to have a team atmosphere,” Hashizume said. “It takes a lot of people to put something like this together, and we strived to work as a team to create the best product for the Soldiers.”

“This was a great partnership among all of us,” Eastwood added.

In addition to craftsmanship and quality workmanship, the barracks construction included several significant innovations, green building practices and energy-saving elements.

The building has sufficient points to attain Leadership in Energy and Environmental Design, or LEED, Silver certification for the project through the U.S. Green Building Council, and the contractor is pursuing a LEED Gold certification.

An exterior insulation finishing system was used for wall construction to increase durability and sustainability. The special, texturized finish system is resistant to wear, moisture and mold.

The company used a concrete mix design, used recycled concrete for the sub-base and used insulated concrete forms for interior walls.

Occupancy sensors and door/window cutoff

switches were installed to automatically regulate air conditioning in the rooms; LED lighting was used in the parking lot; and a chemical-free water treatment system was installed, among many other energy-saving features.

USACE-HD is committed to building and managing the construction of high-quality projects that improve the quality of life for service members and their families and that provide jobs and money, which stimulate the local economy.



A traditional maile lei untying and blessing ceremony were held, recently, for the new UEPH building at Schofield Barracks, as shown here. The blessing was presided over by Kahu Laakea Arista.

The \$29.18 million contract consisted of designing and constructing a six-story barracks to house 192 personnel in a standard one-plus-one configuration. The barracks are designed and constructed to meet current antiterrorism force protection requirements. Amenities on site include laundry facilities on each floor, motorcycle shelters and covered bicycle racks.



6 / Friday
Right Arm Night — Which unit has the most pride? Come to Right Arm Night and find out, 4 p.m., Jan. 6, at the Nehelani, Schofield Barracks. There will be food, games and prizes. Tickets are \$5 in advance or \$8 at the door. Call 655-4466.

With your purchase of a ticket to Right Arm Night, get an additional free ticket to grand opening of comedy night at Kolekole Bar and Grill, Jan. 6.

Comedy Night — Grand opening is 8 p.m., Jan. 6, at Kolekole Bar and Grill, Schofield Barracks, featuring Mike Hall and James Mane from www.comedyhawaii.com. Tickets are \$8. Call 655-4466.

Men's and Women's Basketball — It's that time of year again; bring your best skills to the court! Men's and Women's basketball entry deadline is today, Jan. 6. Games are Jan. 17-March 30. Call 655-0856.

Soccer Intramurals — Indoor soccer entry deadline is Jan. 6, and games run Jan. 17-March 16. Call 655-0856.

7 / Saturday
Ladies Golf Clinic — Leilehua Golf Course holds a free ladies golf clinic, 1:30-3 p.m., every first Saturday of the month. Call 655-4653.

8 / Sunday
Adult Book Club — Join the lively discussion of the book "Unfamiliar Fishes" by Sarah Vowell at the next Fort Shafter Library book club meeting, 3:30-5 p.m., Jan. 8. Call 438-9521.

9 / Monday
Pau Hana — Effective Jan. 9, Kolekole Bar and Grill, Schofield Barracks, and Mulligan's Bar and Grill, Fort Shafter, are introducing new pau hana hours. Hours are 5-7 p.m., every Monday, Tuesday, Wednesday and Friday; and 4-6 p.m., every Thursday. Call 438-1974 for Fort Shafter or 655-4466 for Schofield Barracks.

12 / Thursday
Texas Hold 'em — Play poker for free, 6 p.m., every Thursday, at Tropics Warrior Zone, Schofield Barracks. This monthly tournament tests your skills against the best of the best Army players. All ID card holders 18 and older are welcome with no buy in. Upcoming dates are Jan. 12, 19 and 26. Call 655-5698.

Teen Craft Circle — This is a new program for teens ages 12-18. Come and learn crafting techniques and take



Courtesy of Punahou JROTC

A helping hand

SCHOFIELD BARRACKS — More than 105 high school JROTC Cadets, representing 16 high schools, compete in the fourth Annual Punahou Adventure Challenge, or PAC, at East Range Training Complex, here, recently.

All teams completed a challenging six-hour course that tested the Cadets' physical and mental abilities under adverse weather conditions, including five test stations situated over a 7-mile cross-country course.

The stations included land navigation, rappelling, a rope bridge, a rope climb, a buddy carry and an obstacle and confidence course.

home some fun stuff. Group meets 4-5 p.m., Jan. 12, Sgt. Yano Library, Schofield Barracks. Call 655-8002.

14 / Saturday
Read to the Dogs — Our volunteer therapy and service dogs are non-judgmental and comforting to children who need to practice their reading and improve their fluency. Children who are able to read on their own can sign up for a 15-minute session to read to a dog, 10 a.m., Jan. 14, Sgt. Yano Library, Schofield Barracks. Pre-registration is required at 655-8002.

18 / Wednesday
After-school Program — Elementary-age children are invited to learn about the Chinese New Year, 3-3:45 p.m., Jan. 18, Sgt. Yano Library, Schofield Barracks. This program is for children ages 6 and up, and no registration is required. Call 655-8002.

Make-N-Take Crafts — Usher in the "The Year of the Dragon" with a cool craft, 3-5 p.m., Jan. 18, Fort Shafter Library. All supplies will be provided. Call 438-9521.

Ongoing

Friday Night Entertainment Series — See new acts each and every

week at 8 p.m., at Kolekole Bar and Grill, Schofield Barracks. Enjoy pau hana specials before the show. Call 655-4466.

The first Friday of the month is Comedy Night, the second Friday has live bands, the third Friday hosts the Colby Benson Band and the fourth Friday is the Taking Care of Business Band. Call 655-4466.

Zumba Classes — Fort Shafter Physical Fitness Center holds Zumba classes, 5:30-6:30 p.m., Thursdays. Classes are free to active duty and family members; all other eligible patrons pay \$4 per class, cash only. Call 438-1152.

Kids Meals — Every Wednesday night, children under 10 can enjoy delicious and healthy food at Kolekole Bar and Grill, Schofield Barracks, or Mulligan's Bar and Grill, Fort Shafter, for \$1.99. Call 438-1974 for Fort Shafter or 655-4466 for Schofield Barracks.

Cosmic Bowling — Cosmic Bowling starts at 3 p.m., Saturdays, and runs 1-5 p.m., Sundays, at Fort Shafter Bowling Center.

Cosmic Bowling at the Schofield Bowling Center starts at 10 p.m., Fridays; 8 p.m., Saturdays; and 6 p.m., Sundays. Call 438-6733 for Fort Shafter or 655-0573 for Schofield.

Mongolian Barbecue — Mongolian barbecue is only \$.65 per ounce, Thursdays, at Mulligan's Bar and Grill, Fort Shafter, or Mondays, at Kolekole Bar and Grill, Schofield Barracks. Dinner starts at 5 p.m. Call 438-1974 for Fort Shafter or 655-4466 for Schofield Barracks.

Sunday at the Clubs — Enjoy Sunday breakfast 9 a.m.-1 p.m., Kolekole Bar and Grill, Schofield Barracks, or Sunday brunch, 10 a.m.-1 p.m., at the Hale Ikena, Fort Shafter. Call 655-4466 for Schofield Barracks or 438-1974 for Fort Shafter.

Hawaiian Luau Lunch Buffet — Every last Friday of the month, enjoy the famous Hawaiian Luau Lunch buffet at the Hale Ikena, Fort Shafter, or Kolekole Bar and Grill, Schofield Barracks, for only \$10.95 per person. Call 438-1974 for Fort Shafter or 655-4466 for Schofield Barracks.

Free Fitness Classes — Soldiers and family members can attend a variety of free fitness classes at the Schofield Barracks Health and Fitness Center. Visit www.himwr.com.

TAMC Physical Fitness Classes — Active duty Soldiers and their family members can take free classes at TAMC's Physical Fitness Center. Call 433-6443 for prices.

Room 111, Building 330. Call 438-9285.

14 / Saturday
Body Surfing Championship — Marine Corps Community Services' Semper Fit Aquatics program is looking for avid and amateur bodysurfers to compete in its 6th Annual Pyramid Rock Body Surfing Championship at Kaneohe Bay, Jan. 14 and 15. Competition is 7 a.m.-4:30 p.m. both days. This event is open to both military members and the public.

Registration is open at www.mccs.hawaii.com/surf.shtml. Registration fees are \$15 for military and \$20 for civilians. A late fee of \$5 will be assessed for registration after Jan. 9. Call 254-7655.

19 / Thursday
Royal Hawaiian Band — Enjoy the musical talents of the historic Royal Hawaiian Band in The Royal Grove, 1-1:45 p.m., Jan. 19. Visit www.RoyalHawaiianCenter.com or call 922-2299.

21 / Saturday
Volksmarch — Join the Menehune Marchers Volkspport Club on a 5K or 10K, Jan. 21, Asing Community Park, 91-1450 Renton Road, Ewa. Start between 7:30-10:30 a.m. Call 626-3575 or visit www.ava.org/clubs/menehune marchers.

Ongoing

2nd Division Reunion — The Second (Indianhead) Division Association is searching for anyone who served in the 2nd Infantry Div. Visit www.2ida.org.



Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers' Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF and FD
•Sunday services:
- 8:30 a.m. at AMR
-10:30 a.m. at MPC Annex
-11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Monday, 6 p.m. at PH (Bible Study)
•Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at MPC Annex

Protestant Worship
•Sunday Services
-9 a.m. at FD, MPC and TAMC chapels
-9 a.m. at WAAF chapel, Lutheran/Episcopalian
-10 a.m. at HMR
-10:30 a.m. at AMR

Single Soldiers' Bible Study
•Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service
•Sunday, 6 p.m. at SC.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
Family Library — Army Community Service's Family Advocacy Program at Schofield has consolidated libraries for both New Parent Support and the Exceptional Family Member Program into one parenting-skills lending library for military families. Call the New Parent Support Program at 655-4787.

8 / Sunday
Pearlridge Express — Keiki under 48 inches can ride the Pearlridge Express, Hawaii's only scale-model, fully-functioning train, at Pearlridge Uptown Center Court, through Jan. 8. Tickets are \$3 per child. Visit www.pearlridgeonline.com.

9 / Monday
First Term Financial Training — This workshop focuses on basic financial skills to help develop self-reliance and personal responsibility, and it is a mandatory program for first term Soldiers. Soldiers must bring an EOM LES. Workshop is held at the Schofield Bar-

racks' ACS building, 8:30 a.m.-4 p.m., every Monday. Call 655-4227 or visit www.acsclasses.com.

10 / Tuesday
Yoga — Starting Jan. 10, there will be free yoga classes offered at Wheeler Community Center, every Tuesday and Thursday, at 9 a.m.

11 / Wednesday
Potty Training Your Toddler — Learn what to expect when potty training your little one. Discover basic tips to reaching this milestone while understanding the uniqueness in each child's growth and development, 1-2:30 p.m., Jan. 11, at ACS, Aloha Center, Fort Shafter. Call 655-1866/0669.

Newcomer's Orientation — Join in at the 1st Lt. Jon Brostrom Community Center, Fort Shafter, 9-11:30 a.m., Jan. 11. Call 438-9285 or email michael.f.tanigawa.civ@mail.mil to register. Spouses are welcome but no walk-ins. Soldiers assigned to USARPAC and 8th TSC must register through their personnel shop.

Basics of Budgeting — Sick of living paycheck to paycheck? This class will help you develop a budget, track expenses and create a system to save and pay your bills on time. Bring a copy of your LES and a list of bills. Workshop is held at Schofield Barracks' ACS building, 10-11:30 a.m., Jan. 11. Call 655-4227 or visit www.acsclasses.com.

12 / Thursday
EFMP Working Group — The

25th Infantry Division Exceptional Family Member Program Working Group will meet 10 a.m., Jan. 12, in the G-1 conference room on the 3rd floor of the 25th ID Headquarters, Building 580. Soldiers and spouses with exceptional family members are invited to attend, share insights and communicate concerns. Call 655-0114.

Boot Camp for New Dads — This interactive workshop offers hands-on training for new dads to become confident and effective parents, 9-10:30 a.m., Jan. 12, ACS Training Center, Building 647, Schofield Barracks. Call 655-0613/0669.

Federal Resume Seminar — Understanding the Federal Writing system can be difficult. This class provides the necessary information to help with your Federal Resume writing, networking and the executive orders. Learn how to search USAJOBS and how to apply for a specific job. This is a two-day seminar, 9-11 a.m., Jan. 12-13, ACS, Schofield Barracks. Call 655-4227 or visit www.acsclasses.com.

13 / Friday
AFTB Level I — "Learn" will be held 8 a.m.-3:30 p.m., Jan. 13, at the NCO Academy, Higgins Road, across from Wheeler Army Airfield's main gate. Call 655-0670/0671.

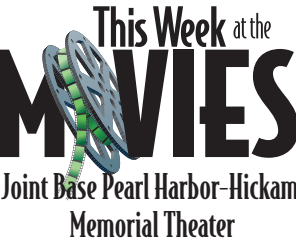
Friday with Friends — The survivors and family members of fallen Soldiers will meet for scrapbooking and crafting memories, 9 a.m.-noon, Jan. 13, at the Survivor Outreach Services Center, Fort Shafter Aloha Center,



AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation
BCT: Brigade Combat Team
BSB: Brigade Support Battalion
Co.: Company
CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare and Recreation
FRG: family readiness group
HMR: Helemano Military Reservation

IPC: Island Palm Communities
SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
WAAF: Wheeler Army Airfield



Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.

The Muppets
(PG)
Fri., Jan. 6, 6 p.m.
Sun., Jan. 8, 2 p.m.

The Twilight Saga: Breaking Dawn Part 1
(PG-13)
Fri., Jan. 6, 8:30 p.m.
Sat., Jan. 7, 7 p.m.
Wed., Jan. 11, 7 p.m.



Happy Feet 2
(PG)
Sat., Jan. 7, 4 p.m.

Puss in Boots
(PG)
Thurs., Jan. 12, 7 p.m.

No shows on Mondays or Tuesdays.

Hundreds of Cub Scouts converge on East Range for ‘duty’

2nd BCT gives Cubs a taste of military life during Scout Day

2ND BRIGADE COMBAT TEAM, 25TH INFANTRY DIVISION
Public Affairs Office

SCHOFIELD BARRACKS – Soldiers from the 2nd Brigade Combat Team, 25th Infantry Division, recently had the opportunity to train a slightly different group of personnel than they may be used to training: Cub Scouts.

More than 600 Cub Scouts from across the island came to East Range, here, Dec. 28, 2011, to take part in Schofield Barracks’s annual Cub Scout Day.

“(This is an) annual event in which the division hosts the Scouts and puts on training events for them to participate in (and) helps them see what we do in the Army,” said Chief Warrant Officer 4 Leonard Norfus, division targeting officer, 25th ID. “We have held this for (more than) 40 years. It is a staple in the division and is a really great day.”

Beginning at 6:30 a.m., the Cub Scouts arrived, loaded into busses and were transported out to the training area, Norfus said.

“This year, due to weather, we had to use the East Range training area,” he added.

After a safety briefing, the Cub Scouts rotated through six stations every 30 minutes.

“We normally do not have six events, but this year, we had an overwhelming number of Scouts come, so we had to create some additional events to make sure everyone could participate,” he said.

One of the more popular events was the Army physical fitness training, or APFT, event, Norfus said.

“This event gave the kids an opportunity to see firsthand how we as Soldiers maintain our strength and stay in shape,” he said.

“It was great to help show these great Scouts how we do things,” said Spc. Darren Banks, event instructor, 2nd BCT. “These kids have lots of heart and kept up when I thought they couldn’t, especially since the (physical training) area was covered in mud, but they seemed to love that.”

Another event was the rappelling tower, where



Photos Courtesy of 25th Infantry Division Public Affairs

More than 600 Cub Scouts get the chance to participate in the APFT, one of the most popular events for the children, at Schofield Barracks’ East Range during their Cub Scout Day, recently. The annual event was hosted by 2nd BCT, 25th ID.

Cub Scouts were allowed to rappel down a sharp incline while under the constant supervision of trained Soldiers.

Also, Cub Scouts received a chance to hold and try on various pieces of equipment, like body armor.

An event that held everyone’s attention was the rope bridge, Norfus added. Cub Scouts were secured to a rope that crossed a small ravine and then made their way across the ravine by pulling themselves on the rope. Even some parents tried their skill at traversing the bridge.

A light medium tactical vehicle and humvees were also on hand to give the Cub Scouts a chance to sit and even ride in an actual Army ve-

hicle, Norfus said.

“It was a really great thing to see our Soldiers and these young Scouts working together,” Norfus said. “The Scouts help instill a type of discipline that we also instill in our Soldiers.

“It was a really great joy and pleasure to be able to participate in this and see the fun the Scouts were having,” he said.

Soldiers from 2nd BCT, 25th ID help a Cub Scout traverse the rope bridge during the annual Cub Scout Day, recently. More than 600 Cub Scouts from across the island got a taste of military life.



In-school behavioral health aids students, families

SCHOOL LIAISON OFFICE; DIRECTORATE OF FAMILY AND MORALE, WELFARE AND RECREATION; U.S. ARMY GARRISON-HAWAII

News Release

SCHOFIELD BARRACKS – For more than 20 years, the Child Psychiatry Program at Tripler Army Medical Center has been a supportive element to school-aged military keiki, here, and most recently added Wahiawa Elementary School to its list.

Since the partnership began, TAMC has implemented its mental health and behavioral health programs at Wheeler Elementary, Wheeler Middle and Hale Kula Elementary schools. In addition, TAMC recently expanded its program to include child development centers.

Services that are provided to students, families and school staff include individual, group and family therapy, prevention programs and parent workshops.

Dr. Albert Saito, director, School Mental Health Team, TAMC, met with Col. Douglas Mulbury, commander, U.S. Army Garrison-Hawaii, recently, and reported that the benefits of school-based programs are invaluable and productive.

“School-based programs reduce the time away from duty or work because of the greater ease of access,” Saito said. “Instead of having to drive to Tripler, parents and children are able to receive services in a safe and private area at their child’s school.”

At Wheeler Middle School, in particular, the number of behavioral reports has steadily decreased since 2008, Saito said.

The School-Based Behavioral Health Program at Wahiawa Elementary School is now serving as a pilot program and is a model for schools across the country.

Troy Tamura, principal, Wahiawa Elementary School, is excited

about this new program.

“Our program is a collaboration with TAMC, Queen’s Hospital and the Hawaii Department of Education,” he said. “Through this unique partnership, we will be able to provide services to all military and civilian students.”

The Queen’s Mental Health Team will provide services to the civilian students, while the TAMC team will provide services to military students.

Since 2008, approximately 540 children and adolescents have been evaluated and treated through School Mental Health Team programs at various schools on island. Students are referred to the program by parents, teachers, counselors and others who identify a need for services. All referrals should go through the student services coordinator, or SSC, at a child’s school. The SSC will then obtain consent from the child’s parent or guardian. The student’s referral will be discussed and will then be assigned to a provider and/or team. Saito said this process is necessary and efficient.

“Once the referral is made, the therapists will be able to provide appropriate services, such as medication management or comprehensive evaluation and testing,” he said.

School staff, including counselors, SSCs, teachers and administrators all play a key role in this program. They meet on a regular basis with therapists from TAMC and Queens to update each other on the progress of each student.

This team then meets with other stakeholders, including school liaison officers and Saito, for a quarterly advisory meeting. These meetings are essential in maintaining a successful program that benefits students and families who are in need of behavioral and mental health services.

Murder mystery to unfold during spouses’ luncheon

HUI O NA WAHINE
News Release

SCHOFIELD BARRACKS – The Hui O Na Wahine, an all-ranks Army spouses club, is starting off the new year with a bang during its circa-1940 murder mystery luncheon at the Nehelani, here, Jan. 19.

All military spouses are welcome to come and be detectives during the murder skit.

The scenario reads: “It’s 1944. The war in Europe is still raging on. To honor the unsung heroes of the home front, Adm. Paul Tischen is to present journalist Charlotte Gaffe with the Volunteer of the Year award. But, as she steps forward to receive

Become a detective

For more information, email huionawahine@gmail.com or go to www.schofieldspouses.com.

Reservations must be placed by Jan. 13. For last names beginning with A-L, email huiereservationsal@gmail.com, and for last names beginning with M-Z, email huiereservationsmz@gmail.com.

Spouses must be members to attend the luncheon. Applications are available online and annual fees will be accepted at the event.

the prize, she drops dead on the podium of what looks, at first, like a heart attack. But was it? When inspector Flic arrives on the scene, everyone becomes a suspect.”

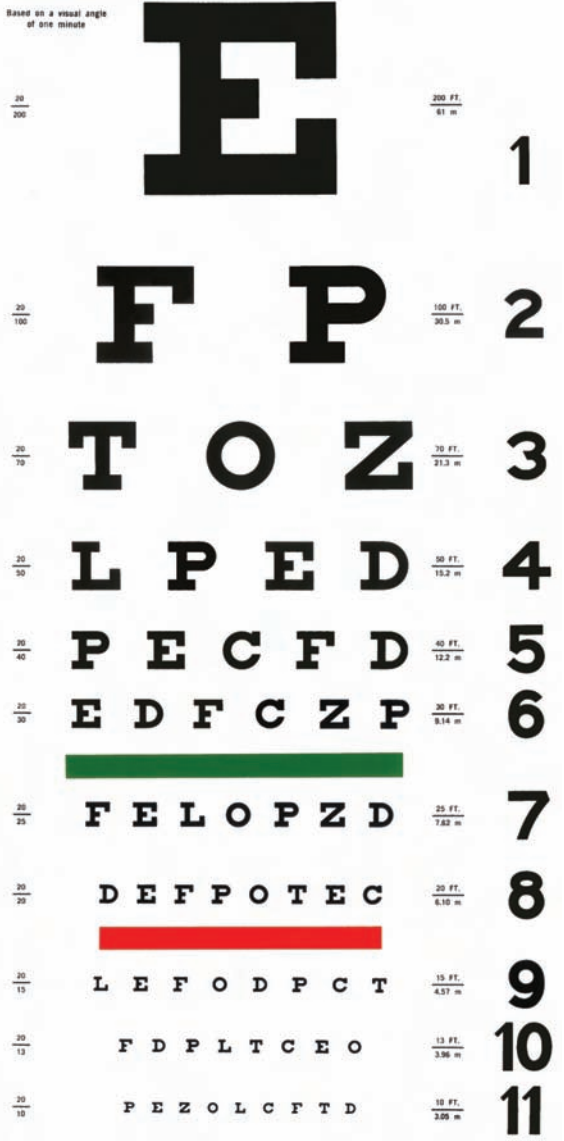
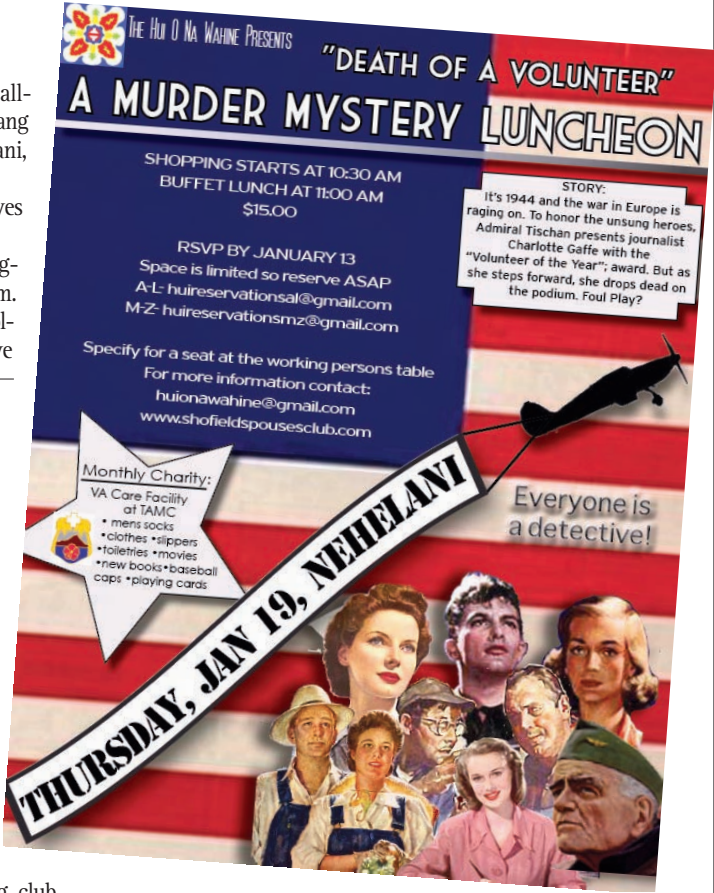
The detective who solves the crime will get a special prize. “We chose this theme for our January luncheon to start the new year off with a bang – literally,” said Jennifer Kelling, club president. “Since we are 100 percent volunteer based, we loved the theme of this mystery and feel the members will too.”

Members will have the opportunity to shop with vendors and socialize with other spouses. Members are also encouraged to wear their membership pins and prepare their purses for random opportunity drawings.

The event opens at 10:30 a.m. for shopping, with a buffet lunch

from 11 a.m.-1 p.m. The event costs \$15 and covers lunch.

Donations will be collected for the Veterans Affairs care facility at Tripler Army Medical Center during the event. Members are asked to bring in men’s socks, slippers, toiletries, playing cards, new books, movies, baseball caps and T-shirts with a military motif to receive free opportunity tickets.



2nd BCT supports optometry exams in local schools

2ND BRIGADE COMBAT TEAM, 25TH INFANTRY DIVISION
Public Affairs Office

SCHOFIELD BARRACKS – Soldiers of 1st Battalion, 27th Infantry Regiment, 2nd Brigade Combat Team, 25th Inf. Division, teamed up with local Lions Club chapters to help children see better.

The Soldiers assisted in administering optometry exams to identify needs for corrective vision of students of Leihoku and Waianae elementary schools.

Throughout the months of November and December, medical service and other specialized Soldiers volunteered to assist in the effort, and they supported the screening of more than 300 students from both schools.

The purpose of the partnership was to reinforce that good vision is critical for students’ understanding of their lessons. Identifying the needs for corrective vision early can have a huge impact on preparing elementary-aged students for high school and higher-level education.

The Soldiers’ involvement was arranged through U.S. Army-Hawaii’s Partnership of Ohana program, which focuses on supporting local schools, community events and civic organizations.